The L.P. Fisher Public Library Presents

## Healthy Nutrition For Families

Tuesday, June 20th at 6:30pm

## for Adults

- Come hear a talk about healthy nutrition.
- Join a discussion about how the right food choices effect your family.













## for Kids

Taste testing for kids! Try different yummy foods and find out why they are good for you.

For more information contact the library at 325.4777 www.facebook.com/L.P.Fisher.Library