The L.P. Fisher Public Library Presents

Healthy Nutrition
For Families

Tuesday, June 20th at 6:30pm

for Adults

• Come hear a talk about healthy nutrition.
• Join a discussion about how the right food choices effect your family.

for Kids

• Taste testing for kids! Try different yummy foods and find out why they are good for you.

For more information contact the library at 325.4777
www.facebook.com/L.P.Fisher.Library

Free!